

---

---

# The NAVIGATOR

---

Spring 2005

---

THE NEWSLETTER OF THE CANADIAN COAST GUARD AUX. (M) INC.

---



## 25 Year Members

It takes a great deal of commitment to volunteer. We recognize those members who have volunteered for 25 years with an award and a long service metal.



**Pictured above Frank McLaughlin presenting 25 year award to Con Mills**



**Pictured above Frank McLaughlin presenting 25 year award to Edward LeBlanc**



Pictured above Frank McLaughlin presenting 25 year award to Frank Boudreau

Listed below are the members who received the 25 year award for 2005.

### **Zone 1**

Clarence Savoie  
Richard Warren-Perry  
Etelbert Robichaud  
Bernard Lanteigne  
Francois Breau  
Frank McLaughlin

### **Zone 2**

Frank Boudreau  
Reginald Roy  
Emerile Nowlan  
Merton Simpson  
Hanson Spence

### **Zone 3**

Lex Pate

### **Zone 4**

Walter Bruce  
Kenneth Campbell  
Glen Gosbee

## **The Navigator**

### **Zone 5**

Allan Adams  
Robert Langille  
Ronald Langille  
Aubrey Heighton  
Douglas Craig  
Gerard MacEachern  
Ian Reid

### **Zone 6**

Edward LeBlanc

### **Zone 8**

W. Alex Gilchrist  
Allen Clark  
Norman MacMillan

### **Zone 9**

Conrad Mills

### **Zone 10**

Herb Harnish  
Neil Connors

### **Zone 11**

Dail Millett  
Graham Bailly  
Moyle Tumblin

### **Zone 16**

Gary Masson

### **The difference between units and home Ports**

The region is divided into 16 zones which cover NB, PEI, NS and the Iles de la Madeleine. Each zone is further divided into either 4 or 5 units, each unit cover a smaller geographical

### 3

area which covers several home ports. The home port is the area where your boat is.

### **In Memory of Arnold Daigle** **1930-2000**

Some times people touch our lives in ways we may not every recognize at the time. It may be an act of bravery or kindness. Arnold Daigle a long time auxiliary member who passed away on March 19, 2000 touched the live of Darlene Lawson. Darlene sent this letter to the editor of the Time & Transcript in memory of Arnold. The letter read as follows.

It was an early Tuesday morning at the end of November and we wondered where we would park our car in the already full parking lot. Inside the mall busy shoppers stood in line to pay for their purchases. Anxious mothers guarded their children. I rushed from store to store making sure I would be on time for my next appointment, until the sparkle and glitz from Bowring's caught my eye. Above the mall clamour came the sound of "Silver Bells, Silver Bells, it's Christmas time in the city." I slowed down and looked up at the beautiful mall decorations. I walked through Bowring's forming my own Christmas wish list. I listened to the words of

### **The Navigator**

the song. But where was the feeling of Christmas?

My heart suddenly yearned for the sight of just on red paper bell and the feel of a brown paper bag in my hand. For a time when Christmas began with the arrival of a parcel from Eaton's catalogue and a trip to Mr. & Mrs. Arnold Daigle's 5-cent to \$1 store in Richibucto on December 23<sup>rd</sup> or 24<sup>th</sup>.

In our rural area of Bass River a trip to town during the busy fall season was rare. Along with the cold short days of December came the anticipation of our Christmas shopping day. Finally a day or two before Christmas Daddy would announce "after dinner we will go to town." After dinner and dishes were done, Mom and I dressed in our best shopping clothes and snuggled in the back seat of my uncle's car for the trip to town.

Excitement was in the air as we walked down the street to the local 5-cent to \$1 store. Red paper bells hung in the windows. Gold and silver foil decorations floated down from the ceiling. Mr. & Mrs. Daigle greeted Daddy and Mom with handshakes and warm smiles. Always, Mr. Daigle and Daddy found a spot where they would stand deep in conversation, arms folded across their chests, while Mom stood by the checkout counter chatting with Mrs. Daigle. Old friends catching up on news from town and

country. I was allowed to wander up and down the aisles by myself, allowed to touch and explore and do my own shopping. White handkerchiefs for Daddy, a pretty dish for Mom. Finally, I would make my way to the front of the store, to find the pretty rings and jewelry, fancy pens and pencils. As I tried on rings and scribbled with the fancy pens Daddy and Mom did their shopping. With our shopping finished and paid for, Mr. Daigle would disappear into the back of the store and appear again with a brown paper bag; wishing us a Merry Christmas, he would hand the bag to Daddy.

On the drive home the brown paper bag rested in the back seat with all the other shopping bags I was warned not to touch. I already knew what was in the brown paper bag. Treasures. Red and gold barley toy candy, pretty ribbon candy, nuts and Oranges. Special treats, Mr. Daigle knew I couldn't afford to buy if I wanted to spend my money on Daddy and Mom for Christmas. Back inside our home, packages were hid away and supper quickly made. Tomorrow would be another busy day. Daddy and my sisters would bring home the Christmas tree and Mom would clean up the mess. But for today we had been to Mr. Arnold Daigle's store. There was a bright new cloth spread on the kitchen table, pretty ribbon candy and barley

## **The Navigator**

toys were in a fancy dish and a red paper bell hung from the window. A feeling of Christmas was truly in the air.

### **Change of Information**

A change of information needs to be sent to Elaine Bennett for the following reasons.

- Any changes to your vessel
- When new equipment is added
- Change to personal information

It is important to have up to date information not only for the data base but for Insurance purposes. In the case of a vessel change or added equipment Elaine will need the dollar value of these changes.

### **ISAR 2005**

Plans are moving along for ISAR 2005 which will be held on September 30 to October 1, 2005 in Halifax, NS. Many members have volunteered from all zones. Along with the competitions their will be a leisurely cruise around the historic sites of Halifax harbour to get more familiar with the water and each other. I am sure the US, Canadian and International teams will be impressed with the Maritime hospitality.

## **Filling Out Expense Forms**

When filling out expense forms you must send in the original receipts. This would include road tolls, bridges, first aid, hotels, etc.

Reimbursement for first aid training will only be granted when the course is for the first time, or when you are due for recertification or renewing the whole course. All expense forms should be submitted within 30 days to ensure reimbursement.

## **Rollin' Home**

Man overboard! That cry will shake the soul of any mariner who's been to sea, especially on a small vessel with minimal people and equipment. Of course today, the term "person in the water" is more inclusive and descriptive but the situation is the same.

Even a boat, whose sides offer only a couple of feet of freeboard, is a formidable obstacle to getting a cold, possibly unconscious person aboard.

These days new pleasure craft require a reboarding device, a ladder on the transom or steps molded into it to allow a conscious person to climb back aboard. At the moment, fishing vessels don't require this, but many fishers, particularly in the Coast

## **The Navigator**

Guard Auxiliary, have fitted some sort of device on their boat.

But what of the person who can't muster the strength or dexterity to pull themselves aboard?

For years, the Coast Guard has been using a device called a Jacob's Cradle aboard their small craft. Essentially it's several slats, a piece of canvas or a hammock type net which can be lowered over the side of a boat to lie on the surface of the water. Then two ropes or pieces of line are used like a parbuckle to roll a conscious or unconscious person up the side of the boat and onboard.

You can make a Jacob's Cradle for your boat fairly inexpensively with a bit of old net or some wooden or plastic slats. Here's a sketch of a parbuckle from the Coast Guard's SAR Seamanship manual available on-line at: [http://www.ccg-gcc.gc.ca/sar/nsm-msn/main\\_e.htm](http://www.ccg-gcc.gc.ca/sar/nsm-msn/main_e.htm)

### **12.2.1.4 Parbuckling or Net Rolling**

This is a useful technique when the casualty is very heavy. Affix two strong lines to the inside of the boat about 1 m (3 ft.) apart. Run the lines over the gunwale and under the horizontal casualty. Position the lines to run across the upper chest and mid thigh and then back to the rescuers. Pulling evenly on the lines

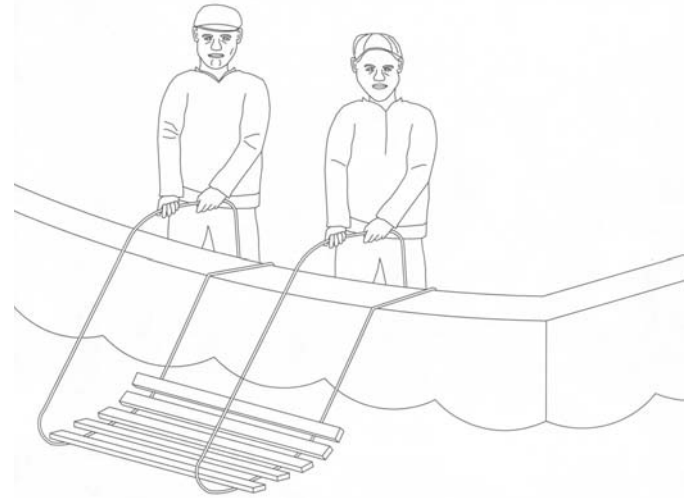
## 6

will cause the casualty to roll up over the gunwale and into the boat. A net also works well for this manoeuvre. This manoeuvre also works well if the casualty is secured to a Miller board. Once casualty is securely on board, conduct a normal Primary Assessment.



Figure 12.2:  
Parbuckling techniques

## The Navigator



### NOTE FROM THE EDITOR

If you have any articles that you would like to have published in our newsletter, please send them to:  
**Linda Rooney, CCGA Newsletter Editor**  
**256 Meenans Cove Rd**  
**Quispamsis, NB**  
**E2G 1A9**  
Or by e-mail to: [russlin@nbnet.nb.ca](mailto:russlin@nbnet.nb.ca)  
Your comments or suggestions are greatly appreciated.

Thank you